APPENDIX A - RESOURCES

READING
MATHEMATICS
WRITING
ESL/CIVICS
The resources provided are a sample of free materials, lesson plans, etc. available on the web to assist with instruction. Some website addresses are provided on the list of resources for each subject area; however, since the time of print additional resources have been located and provided below.

This website will provide links to similar sites by region.

http://www.nwlincs.org/ (The NorthWest Internet Gateway for Adult Education Online Resource – Options listed below).
### Lesson Categories

<table>
<thead>
<tr>
<th>Communication and Problem Solving</th>
<th>Personal Qualities</th>
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<tr>
<td>Convey Ideas in Writing</td>
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<td>Cooperate with Others</td>
<td>Read with Understanding</td>
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<td>Decision Making</td>
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<td>Speak So Others Can Understand</td>
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<td>Learn Through Research</td>
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<td>Lifelong Learning</td>
<td>Technology</td>
</tr>
<tr>
<td>Listen Actively</td>
<td>Using Math to Solve Problems</td>
</tr>
</tbody>
</table>

### Lesson Plans for Adult Learners

**HEALTH**

- AIDS Booklet
- Bread Labels
- Diabetic Plan
- Dosage Chart
- Fresh Greens

**ABOUT THE PROJECT AND LESSON PLAN DESIGN**

http://slincs.coe.utk.edu/gtelab/find.html

http://www.coloradoadulted.org/SS%20Lessons%20for%20Adult%20Learners/health.htm
- Smoking
- Health Wheel (Low-level Reading)
- Health Wheel (Advanced Reading)
READING
RESOURCES
WEBSITES

http://www.teach-nology.com/worksheets/language_arts/dolch/ (Free teaching tips and resources for teachers).

http://grammar.about.com/od/words/a/100freqused07.html

www.createdbyteachers.com/sightfreemain.html (This section will have various free materials for Dolch sight words)

http://www.bingocardcreator.com/dolch-sight-word-lists.htm (Create a bingo card game using Dolch Sight Word Lists)

http://www.flashcardexchange.com/tag/dolch. (This web site is an internet application where you can create, study, print and download flashcards)


http://abcteach.com/directory/teaching_extras/word_walls. (A word wall is a list of words that are related to each other in some way. Word walls are used as a tool to teach a language concept.)

http://www.coloradoadulted.org/SS%20Lessons%20for%20Adult%20Learners/index.htm (Lesson Plans on health issues).
The 100 Most Frequently Used English Words

Many of these words do not follow the sound-symbol rules. You need to be able to recognize and spell these important words.

A
a
about
after
to
at
all
am
an
and
are
as
at

F
first
for
from

G
get
go
got

H
had
has
he
her
here
him
his

I
I
if
in
into
is
it

J
just

L
like
little
look

M
made
make
me
more
my

N
no
not
now

O
of
off
on
one
only
or
our
out
over

S
said
saw
see
she
so
some
that
the
their
them
then
there
they
this
to
two
up

U
very

T

W
was
we

Y
you
your
Websites

http://literacynet.org/sciencelincs/slnum-number.html (The National Institute for Literacy Science and Numeracy Special Collection provides annotated links to internet sites that are useful for teaching and learning about science and numeracy.)

http://mathforum.org/mathtools/ (A community library of technology tools, lessons, activities, and support materials for teaching and learning mathematics.)

http://mathforum.org/te/exchange/hosted/hudnutt/navigating.mathtools.html, (MathTools is a Digital Library of math resources to help teachers teach and students learn in mathematics).

http://www.mathforum.org (A collection of math resources from math news to teaching resources. Allows anyone to type in a math question and get a prompt reply.)

www.aaamath.com, (Math topics with interactive practice, explanations and challenge games for each).

http://www.createdbyteachers.com/freemain.html (Free materials for beginning math see samples in Activities Section)

http://www.learner.org/interactives/dailymath/index.html (Sample activities presented under mathematics Activities)


http://az-aall.org/AALL/pages/links/maureen%20math.htm (Links for AD teachers and students for instructional aids as presented under mathematics Activities)

www.math.com (Lesson plans, career resources, homework help, puzzles and ules).
INSTITUTIONAL RESOURCES FOR MATHEMATICS

Websites

www.curriousmath.com  (ultiplication and division tricks, famous math tales, word problems, and other oddities).

www.learningwave.com/abmath/ (se math skills to navigate through a bizarre world, dodging obstacles to unravel the secrets of problem solving.)

www2.wgbh.org/MBCWEIS/LTC/CLC/numintro.html (Lines, puzzles, and other numeracy activities for adults designed to encourage interest in math.)

http://ts.nist.gov/ts/htdocs/200/202conv.htm (se this easy chart to convert inches to centimeters, pounds to kilograms, Fahrenheit to Celsius and more.)

www.bankrate.com/brm/default.asp (nformation on bank ing news and average credit card rates and terms.)

http://www.coloradoadulted.org/SS%20Lessons%20for%20Adult%20Learners/index.htm (Lesson plans on health issues.)

BOOKS


WRITING RESOURCES
ontemporary
   Essentials of Reading, Books 1,2
   Phonics and Whole Words Activity Book 1
   Reading for Today, Introductory
   Word Power, Introductory

New readers
   Focus on Phonics, Book 1
   Laubach Way to Reading, Book 1
   Voyager, Foundation Book and Book 1 (and Workbooks)

New readers
   Language Exercises, Book 1
   Reading for Today, Introductory Book

New readers
   Multisensory Reading, Spelling & Penmanship (multi-level)
   The Alphabet
Contemporary

1000 Instant Words
Achieving TABE Success in Language, Level E
Essentials of Reading, Books 3 and 4
Introductory Word Book and Activity Book
Language Builder, Introductory
Phonics Patterns
Phonics and Whole Words Activity Book 2
Using a Dictionary 1
Vocabulary Exercises: Using a Dictionary
Vocabulary Exercises: Understanding Language
Word Power, Intermediate 1

New Reader’s Press

Focus on Phonics, Books 2 and 3
Laubach Way to Reading, Books 2 and 3
Patterns in Spelling, Book 1
Voyager, Books 2 and 3 (and workbooks)
Writing It Down
Writing Me

Steck-Vaughn

Language Exercises, Books 2 and 3
Reading for Today, Books 2 and 3 (and workbooks)
PUBLISHER/SOFTWARE

Achievement Technologies
   Skills Tutor

Contemporary
   Instruction Targeted for TABE Success (ITTS), Language, Level E
   Skills Assessment Modules, Language, Level E

New Reader’s Press
   Multisensory Reading, Spelling & Penmanship (multi-level)

Plato
Contemporary

Achieving TABE Success in Language, Level M
Breakthroughs in Writing and Language and Exercise Book
Essentials of Reading, Books 5 and 6
Foundations in Writing
Language Builder, Intermediate 1
Vocabulary Exercises: Understanding Language
Vocabulary Exercises: Using a Dictionary
Word Power, Intermediate 2
Writer’s Manual (4-8) and Activity Book 1 (4-6)

New Reader’s Press

English in Context: Capitalization & Punctuation and Grammar & Usage
Focus on Phonics, Books 4 and 5
Grammar for You
Laubach Way to Reading, Books 4 and 5
Patterns in Spelling, Books 2 and 3
Structures in Spelling
Using a Dictionary 1 and 2
Voyager, Books 4 and 5 (and workbooks)
Writing It Down
Writing Me
Steck-Vaughn
- Building Strategies for GED Success: Writing
- Language Exercises, Books 4 and 5
- Language Skill Books (4-8), 4 titles
- Personal Writing Dictionary
- Pre-GED Language Arts, Writing (5-8)
- Reading for Today, Books 4 and 5 (and workbooks)
- TABE Fundamentals, Language and Spelling, M

Achievement Technologies
- Skills Tutor

Contemporary
- MHC Interactive: Pre-GED (or Basic Skills Interactive) (5-8)
- Instruction Targeted for TABE Success (ITTS), Language, Level M
- Skills Assessment Modules, Language, Level M

New Readersress
- How to Write for Everyday Living
- Plato
Contemporary

- Achieving TABE Success in Language, D
- Breakthroughs in Writing and Language and Exercise Book
- English Exercises (5 titles)
- Get That Job: Filling Out Job Application Forms
- Get That Job: Writing Letters & Resumes
- Language Builder, Intermediate 2
- Pre-GED Language Arts, Writing and Complete Pre-GED
- Word Power Advanced 1
- Writer's Manual (4-8) and Activity Book 2 (6-8)

New Reader's Press

- Easing into Essays
- Filling Out Forms
- Patterns in Spelling, Book 4
- Pre-GED Skill Workbooks: Writing 1 and 2
- Write All About It
- Writing to Others
- Writing Warm Ups
- Writing Well
WRITING ABE IV
PUBLISHER/TEXTBOOKS, CONTINUED

Steck-Vaughn
- Language Exercises, Books 6, 7, 8
- Language Skill Books (4-8), 4 titles
- Pre-GED Language Arts, Writing and Complete pre-GED
- TABE Fundamentals, Language and Spelling, M and D

PUBLISHER/SOFTWARE

Achievement Technologies
- Skills Tutor

Contemporary
- MHC Interactive: Pre-GED (or Basic Skills Interactive)
- Instruction Targeted for TABE Success, Language, Level D
- Skills Assessment Modules, Language, Level D

Plato

Steck-Vaughn
- Access 21st Century Pre-GED, Language Arts, Writing
**WRITING ASE I and II**

**RECOMMENDED RESOURCES**

**PUBLISHER/TEXTBOOKS**

Contemporary

- Achieving TABE Success in Language, Books D and A
- Complete GED
- Essential GED
- GED Essay
- GED Language Arts, Writing and Exercise Book
- Language Builder, Advanced
- Top 50 Writing Skills for GED Success
- Word Power, Advanced 2

New Reader’s Press

- GED Scoreboost, 2 titles
- GED Skill Workbooks: Language Arts Writing 1 and 2
- Pass the GED: Language Arts, Writing

Steck-Vaughn

- GED Language Arts, Writing (and Exercise Book) and Complete GED
- GED Skill Books, 3 titles
- TABE Fundamentals, Reading and Language, D and A
Achievement Technologies
   Skills Tutor

Contemporary
   MHC Interactive: GED

New Reader’s Press
   GED Practice 1120

Steck-Vaughn
   GED 21st Century
Contemporary

1000 Instant Words
Achieving TABE Success in Language, Level E
Essentials of Reading, Books 3 and 4
Introductory Word Book and Activity Book
Language Builder, Introductory
Phonics Patterns
Phonics and Whole Words Activity Book 2
Using a Dictionary 1
Vocabulary Exercises: Using a Dictionary
Vocabulary Exercises: Understanding Language
Word Power, Intermediate 1

New Reader’s Press

Focus on Phonics, Books 2 and 3
Laubach Way to Reading, Books 2 and 3
Patterns in Spelling, Book 1
Voyager, Books 2 and 3 (and workbooks)
Writing It Down
Writing Me
WRITING ABE II
PUBLISHER/TEXTBOOKS, CONTINUED

Steck-Vaughn
  Language Exercises, Books 2 and 3
  Reading for Today, Books 2 and 3 (and workbooks)

PUBLISHER/SOFTWARE

Achievement Technologies
  Skills Tutor

Contemporary
  Instruction Targeted for TABE Success (ITTS), Language, Level E
  Skills Assessment Modules, Language, Level E

New Reader’s Press
  Multisensory Reading, Spelling & Penmanship (multi-level)

Plato
WRITING ABE III
RECOMMENDED RESOURCES
PUBLISHER/TEXTBOOKS

Contemporary

Achieving TABE Success in Language, Level M
Breakthroughs in Writing and Language and Exercise Book
Essentials of Reading, Books 5 and 6
Foundations in Writing
Language Builder, Intermediate 1
Vocabulary Exercises: Understanding Language
Vocabulary Exercises: Using a Dictionary
Word Power, Intermediate 2
Writer’s Manual (4-8) and Activity Book 1 (4-6)

New Reader’s Press

English in Context: Capitalization & Punctuation and Grammar & Usage
Focus on Phonics, Books 4 and 5
Grammar for You
Laubach Way to Reading, Books 4 and 5
Patterns in Spelling, Books 2 and 3
Structures in Spelling
Using a Dictionary 1 and 2
Voyager, Books 4 and 5 (and workbooks)
Writing It Down
Writing Me
Steck-Vaughn

Building Strategies for GED Success: Writing
Language Exercises, Books 4 and 5
Language Skill Books (4-8), 4 titles
Personal Writing Dictionary
Pre-GED Language Arts, Writing (5-8)
Reading for Today, Books 4 and 5 (and workbooks)
TABE Fundamentals, Language and Spelling, M

UBLISH S SOFTWARE

A
Skills Tutor

C
MHC Interactive: Pre-GED (or Basic Skills Interactive) (5-8)
Instruction Targeted for TABE Success (ITTS), Language, Level M
Skills Assessment Modules, Language, Level M

How to Write for Everyday Living
Plato
Contemporary

Achieving TABE Success in Language, D
Breakthroughs in Writing and Language and Exercise Book
English Exercises (5 titles)
Get That Job: Filling Out Job Application Forms
Get That Job: Writing Letters & Resumes
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Pre-GED Language Arts, Writing and Complete Pre-GED
Word Power Advanced 1
Writer’s Manual (4-8) and Activity Book 2 (6-8)

New Reader’s Press

Easing into Essays
Filling Out Forms
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Write All About It
Writing to Others
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- Pre-GED Language Arts, Writing and Complete pre-GED
- TABE Fundamentals, Language and Spelling, M and D

PUBLISHER/SOFTWARE

Achievement Technologies
- Skills Tutor

Contemporary
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- Instruction Targeted for TABE Success, Language, Level D
- Skills Assessment Modules, Language, Level D

Plato

Steck-Vaughn
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Contemporary
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- Complete GED
- Essential GED
- GED Essay
- GED Language Arts, Writing and Exercise Book
- Language Builder, Advanced
- Top 50 Writing Skills for GED Success
- Word Power, Advanced 2

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- GED Skill Workbooks: Language Arts Writing 1 and 2
- Pass the GED: Language Arts, Writing

Steck-Vaughn
- GED Language Arts, Writing (and Exercise Book) and Complete GED
- GED Skill Books, 3 titles
- TABE Fundamentals, Reading and Language, D and A
Achievement Technologies
   Skills Tutor

Contemporary
   MHC Interactive: GED

New Reader’s Press
   GED Practice 1120

Steck-Vaughn
   GED 21st Century
ESL RESOURCES
INSTRUCTIONAL RESOURCES
For
ESL/Civics

WEBSITES

www.nwlincs.org/NWLINCSWEB/maRewrLP.htm (Lesson Plans)
www.cal.org/caela/esl_resources
www.eslinusa.com/teaching_esl_to_adult_learners.html
http://www.lacnyc.org/resources/workshops/adultinstruction.htm (Free Lesson Plans)

FREE INSTRUCTIONAL MATERIALS

www.wanntlearn.com/Academic_Subjects/World_Languages/English_as_a_Second_Language

COMPUTER ASSISTED INSTRUCTION

www/english-online.org.uk/course.htm